



THE
ELLIS
METHOD

Spring into summer with The Ellis Method!

Our friendship begins from your perspective. Together we build possibilities for shared peace and movement in the community and a feather appears as an opportunity. **What would motivate you, your team, your members and your organization at this moment?**

It's easy as 1...2...3...

1

DEVELOP Enhanced Ageing Circles

Our workshop series brings a warm and inclusive climate to engage and express a sense of vitality. Together with your members, we will journey through our five Lifeworlds and explore everyday life experiences.

2

DESIGN TE(a)M Collaboration

Authentic feedback from the direct experiences of our community provides the assessment of 'who they are and where they want to be'. Together we will design a way forward that best meets our collective expectations.

3

SUSTAIN Find Your Feather

Our Feathers program promotes community partnerships between charitable organizations and The Ellis Method, an independent community support service. Our mission and vision lies in humility and is uniquely adaptable to harmonize alongside the values and abilities of a variety of organizations. Together we will lead the implementation of the developed design in a way that leaves you, your team, organization and members with a sustained sense of satisfaction and genuine growth.



Let's Create Community Change Together.

The Ellis Method aims to enhance the ageing experience using a Lifeworld-led approach. We believe this model offers an innovative perspective, that we do not lead our oldest generation but instead we offer our arm and walk alongside. For this reason, The Ellis Method is enacted as an open platform of expression in the Lifeworld experiences we all share, in different ways.

Our methodology is simple and effective; together we will develop, design and sustain a collective and preferred path forward. We believe inclusive conversation naturally develops the insight needed to match challenging barriers with motivational influences. Recognizing and offering possibilities of peace and movement leads us to a collective sense of vitality.

We would like to share the following reflections:

How has your membership expressed a sense of harmony between projected expectations and felt experiences?

In what way have you noticed a sense of repetition in everyday member experiences and comments?

There is always room for growth. Which areas would be more of a priority if a support opportunity were available?

When you are ready, let's get started.

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